



FOUNDATION NEWS

February 10, 2016

[LCCHS Foundation website](#)



★ Calendar Notes ★

Feb 1~Feb 15, Catalyst **Home Tutoring Discount** Offer.

Wed, Feb 10, Dance Mavs + Girls Basketball **Restaurant Fundraiser** @ Chipotle La Costa Town Square, 4~8pm

Wed, Feb 17, **Speaker Series: Raising Resilient Teens in our World** by Dr. Divya Kakaiya, LCC Theater, 6:30~8pm

Sat~Sun, Feb 20~21, Catalyst **SAT 2-day Bootcamp**, LCC Rm. 1306, 9~1pm

Sat~Sun, Mar 19~20, Catalyst **ACT 2-day Bootcamp**, LCC Rm. 1306, 9~1pm

Mon~Fri, **School Directory pick-up** and/or **Spirit Wear Sales**, Foundation Office, 9am~3pm

★ Just \$25 from Every Family would Fully Fund LCC's Academic Needs ★

★ **2nd Semester Appeal to Benefit Your Student at LCC** ★
*Help Us Reach Our Goal of \$90,000, So Our Kids Can Reap the Rewards**

[Donate to the Foundation Today!](#)

**Current school year's donations have raised just over \$40,000 for Art & Academic needs.*

★ ACADEMICS ★ ARTS ★ ACADEMICS ★ ARTS ★ ACADEMICS ★ ARTS ★ ACAD

★ For All Your Solar Needs, Milholland Gives Back to LCC ★



The LCC Foundation is proud to partner with LCC alumnus Harry Berman ('04) and Milholland Electric to help support the students of LCC. For every system installed (when mentioning "LCC"), Milholland Electric will donate \$1,000 to the LCC Foundation, which helps to expand learning opportunities in the classroom. Please contact Harry for all your Solar needs.

harry@milhollandelectric.com
1-858-722-6170

★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★

★ Tomorrow! ★

★ **Dance Mavs & Girls Basketball** ★
★ **Restaurant Night @ Chipotle** ★



La Costa Town Square
3416 Via Mercato,
Carlsbad

The Dance Mavs and Girls Basketball teams are partnering up with Chipotle at La Costa Town Square for a restaurant fundraiser on **Wednesday, February 10th from 4pm~8pm**. Just let the cashier know you are there to support the LCC fundraiser, and **25% of all proceeds will go back to the Dance Mavs & Girls Basketball teams.**

Funds raised will go toward new dance choreography & costumes for Dance Mavs, and new uniforms for Girls Basketball. Support our lovely athletic ladies, and let Chipotle do the cooking this Wednesday night.



A Culinary Monster-Piece

**SCHOOL SPIRIT
TASTES GREAT**



★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★

★ **SAT and ACT Home Tutoring Discount** ★

LCC Foundation partnership with

CATALYST

The *spark* to an extraordinary score

LCC will receive \$100 for every student that signs up for home tutoring during this promotional period.

This Valentine's Day, get a leg up on the SAT & ACT with Catalyst's in-home prep specials!



Save Feb. 1st – Feb. 15th

Don't let those jewelry and chocolate ads fool you. There's no better way to say "I love you" to your spouse than to sign your son or daughter up for expert in-home SAT or ACT prep at a discounted rate! *Now* is the time to start prepping for this spring's SAT and ACT exams.

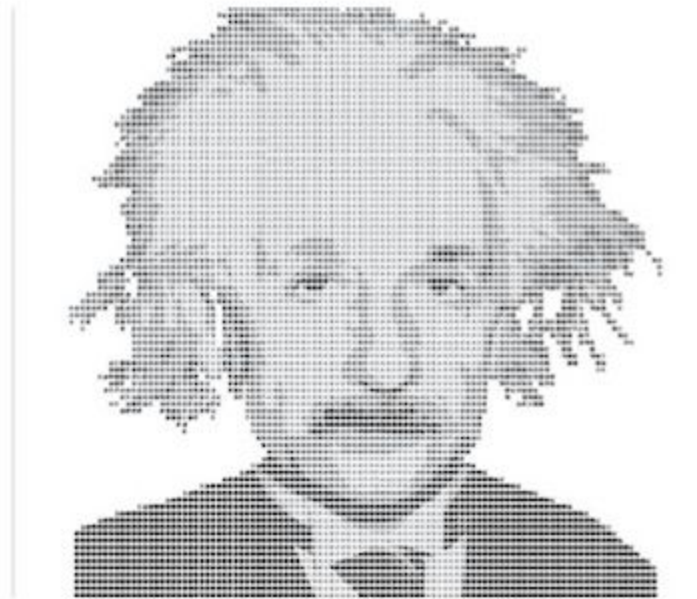
\$100 Off	SAT OR ACT PREP WITH A FRIEND
	12 90-MINUTE SESSIONS
	2 STUDENTS WITH 1 TUTOR
\$200 Off	SAT OR ACT INDIVIDUAL PREPARATION
	12 90-MINUTE SESSIONS
	1-ON-1 TUTORING
\$500 Off	SAT & ACT COMBO PREPARATION
	24 90-MINUTE SESSIONS
	1-ON-1 TUTORING

To take advantage of our Valentine's Day special savings, call **800.235.0056** or email info@CatalystPrep.com. Mention promo code *BetterThanChocolates* and we'll create a personalized gameplan for your student's success *today*.

★ SAT and ACT Bootcamps ★
Sponsored by the LCC Foundation!

CATALYST
The *spark* to an extraordinary score

You don't have to look like this...



...to fill in little bubbles that look like this (A) (B) (C) (D) (E)

You don't have to be a frizzy-haired genius to outsmart the SAT or ACT (though it certainly doesn't hurt). Catalyst's two-day **SAT, ACT, and New SAT Bootcamps** arm students with go-to strategies for every question they'll face on the day of the test so they can march into the test with confidence, momentum, and every key strategy fresh in their mind.

New SAT/PSAT

Saturday, February 20th
9am-1pm

Sunday, February 21st
9am-1pm

Same Old ACT

Saturday, March 19th
9am-1pm

Sunday, March 20th
9am-1pm

Location: La Costa Canyon High School

Tuition is just \$175 per Bootcamp. To enroll, visit www.CatalystPrep.com and click on the Bootcamp Sign-Up tab on the website's menu bar or call us at **800.235.0056**.

Sponsored By The LCC Foundation!

CATALYST

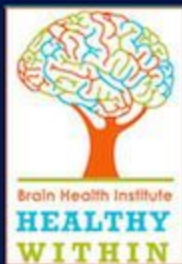
Private Tutoring / Weekend Bootcamps / Small In-Home Classes
800.235.0056 / www.CatalystPrep.com

★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDAT

The LCC Foundation Speaker Series Presents



Dr. Divya Kakaiya,
Ph.D., M.S.
(Psychopharm), CEDS,
PSY: #14052
Clinical Psychologist,
Neuroscientist
Neurofeedback
Practitioner
PROUD mother of 2!



For more information please visit
healthywithin.com
Phone 858.622.0221
Email DivyaKakaiya@gmail.com

Raising Resilient Teens in our World

Join the interactive discussions led by Dr. Kakaiya on the subjects of:

- digital divide
- impact of social media on the teen brain
- body image
- attachment parenting
- self-esteem
- drug use
- parenting skills and strategies
- how to raise a sustainable digital family!

Dr. Kakaiya is a community leader and has received numerous awards for her community service over the years, including: KGTV 10 News Leadership Award, KPBS Local Hero Award, Top 10 Cool Women of San Diego awarded by Girl Scouts Council, and many more. We are so fortunate to have Dr. Kakaiya come speak. Please don't miss this great event.

Wednesday, February 17
6:30-8:00 pm

La Costa Canyon High School

David H. Thompson
Performing Arts Center

★ SCHOOL DIRECTORY ★ SCHOOL DIRECTORY ★ SCHOOL DIRECTORY ★

★ School Directories @ the Foundation Office ★



☎ Friendly Reminder ☎

For all who ordered school directories, please be sure to come by the Foundation Office to pick up your copy anytime between 9am~3pm, Mon - Fri.

Thank you for supporting your student with this handy-dandy fundraiser.

★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEA

★ Spirit Wear Sales @ the Foundation Office ★

Come by the Foundation office anytime between 9am-3pm, Mon - Fri, to browse and purchase Spirit Wear! Cash, check, or credit. All welcome!

♥♥ Come on Mavs ~ Wear Your Pride!! ♥♥



★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI

★ LCCHS Alumni Association ★



The La Costa Canyon High School Alumni Association was formed in June 2015.

If you are a former LCC grad, or know LCC grads, please 'Like' our [Facebook page](#) and get the latest information about class reunions, networking opportunities, alumni in the news, and more. Please contact the [Foundation](#) if you'd like to be added to our Alumni Directory database, and/or be a Class Representative.

♥♥ Maverick Pride Runs Deep ♥♥

★ Foundation eNews Contributions / Feedback / Suggestions ★

Please contact [Martina Sullivan](#), if you'd like to share information with the LCC community, or promote an upcoming fundraising/booster event in the Foundation portion of the eNews. We also welcome questions, feedback, and suggestions on how to make the Foundation eNews cater better to you. The deadline for the following week's publication is Sunday @ midnight (eNews typically goes out on Tuesday afternoons). Any contribution should be related to the LCC school and community in order to be approved, and must include your name and best contact information. Please include a web link, if applicable, and a photo, image or logo, for visual interest, if available. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.

Volume #20

HOME OF THE MAVERICKS



LA COSTA CANYON eNews HIGH SCHOOL

February 10, 2016

Dear Mavericks,

Please reference the new [2016-2017 bell schedule](#) which includes some frequently asked questions.

PSAT results from the October administration at LCC are now available through studentscores.collegeboard.org. For information about interpreting score reports, check out [this video](#). LCC offered the PSAT to students in grades 9-11 this year. **PSAT booklets and score reports (hard copy) will be handed out to students during per. 1 on 2/16.**

Beginning in February 2016, the San Dieguito Union High School District will be conducting its' **annual residency verifications** for all continuing SDUHSD students and any new students enrolling for the 2016-17

Upcoming Events

Mon - Sun 2/1 - 2/15	Catalyst SAT + ACT Home Tutoring Discount Offer (see Foundation)
Tues - Wed 2/9 - 2/10	Art Week (see Arts below)
Wed, 2/10	LCC Info Night , on the Meadow (by the Performing Arts Center), 5:30-7pm. More info: English Spanish Dance Mavs + Girls Basketball Restaurant Night - Chipotle La Costa Town Square, 4-8pm
Thurs, 2/11	Blood Drive , in ASB room, 8-1:30pm

school year. This process is a legal requirement in California, and it helps our district ensure that all available resources are spent efficiently and effectively to the benefit of SDUHSD families. Moreover, these additional steps will help provide a full and precise accounting of our student population as we review staffing for the coming year. Click [here](#) for more information. All continuing students in grades 7 through 11 must submit residency documentation by **April 1, 2016**. Please fill out one packet per family, and drop off directly at the district office, or to the receptionist office at the school's admin building.

Now is the time to start signing up for AP tests! May will be here before we know it. For all the information needed about signing up for tests, please check out: <http://www.sduhsdapexams.com/>. March 18th is the last day to sign up for tests without incurring a late sign-up fee!

All the Best,

Bryan Marcus
Principal

	<p>NHS meeting, Learning Commons, lunch (see NHS)</p> <p>Pie-ology in Bressi Ranch, 5-9pm, 20% goes back to LCC ASB</p>
Fri - Mon, 2/12 - 2/15	No School
Tues, 2/16	<p>Registration for the 2016-17 school year begins.</p> <p>Counselors will register current LCC students through their English classes http://lc.sduhsd.net/Counseling/Fall-Registration-2016-2017/index.html</p>
Wed, 2/17	Foundation Speaker Series , Theatre, 6:30-8pm
Thurs, 2/18	Junior Parent Night - 6:30-8:30pm, Theatre
Sat - Sun, 2/20 - 2/21	Catalyst SAT Bootcamp , Rm 1306, 9-1pm
Sat, 2/27	5th Annual Maverick Mile , LCC Parking Lot & Stadium, 8-11am
3/1 - 3/31	California Scholarship Federation CSF info

ACADEMICS **ARTS** **ATHLETICS**

THIS WEEK ON CAMPUS

Tues & Wed - Art Week!

Tues - Tryout Authorization Cards (Blue Cards) for boys golf and tennis, and boys & girls swimming and diving may be picked up.

Wed - LCC Info Night for incoming freshmen and transfer students, 5:30 - 7pm, on the Meadow.

Thurs -

- Blood Drive, 8-1:30, ASB room
- NHS Meeting, lunch time, Learning Commons
- Study Buddy Spring Application Deadline - see *Volunteer Opportunities* below

Nutrition Services Menu - Interested in the choices your students have for lunch? Sign up now for the MONTHLY SCHOOL MENU and Nutrition Information: [School Menu](#)

Home Games:

Wed, 2/10 - Girl's F/JV & V Soccer vs El Camino, 3:30 & 5:15

Fri 2/12 - vs R. Buena Vista -

- Girl's JV Basketball, 4pm
- Boy's JV Basketball, 5:30

- Girl's F/JV & V Soccer, 3:30 & 5:15

Girls Water Polo Home Games, played at the Encinitas YMCA at 200 Saxony Road:
Tues, 2/9 - JV/V vs San Ysidro, JV 7:15 & 8:15
Wed, 2/10 - JV/V vs Canyon Crest, JV 7:15 & 8:15pm *Senior Night*

ACADEMICS

2016-17 Bell Schedule: [Bell Schedule with Q&A](#)

JUNIORS.....Please set up your NAVIANCE account. Your counselors are sending out VITAL information to you via this account :)

AP Exam Information:

AP Exam Registration - through **March 18**. Late Registration - **March 19 - March 31**.

Exam price \$110. Late registration will incur a penalty fee. Registration site with more information: [AP Exams](#)

Mar 4 - ACT registration deadline for Apr 9 test. [ACT Test Info](#)

Apr 8 - SAT registration deadline for May 7 test. [SAT Test Info](#)

College Visits in the College and Career Center:

Juniors & Seniors - Go to the Counseling office to sign up and get a pass. Visit Naviance for the full schedule.

Academic Enrichment Tutoring in the Learning Commons Certified teachers and student tutors. Available to all students.

Mon - Math & Spanish, 2:45-4:15	Wed - Science, 2:45-4:15
Tues - All Subjects, 2:45-4:15 & 5:30-7pm	Thurs - Social Studies, 2:45-4:15

ARTS

VPA DAY - A celebration of the arts takes place on Tuesday and Wednesday, during school hours, in the theater. Student art will be on display and student films, live music, dance, and theatre will fill the stage. LCC Arts goes live!

THEATRE - We look forward to meeting prospective students at **Wednesday's Info Night**. Swing by the Black Box during the first breakout session to meet the new program director and talk with current students.

Upcycle your Mav wear today! Drop your donations in the office box labeled *O'Neill 902*.

ATHLETICS

Tues, Feb 9 - Tryout Authorization Cards (Blue Cards) for boys golf, boys tennis, and boys & girls swimming and diving may be picked up. Blue cards for the remaining Spring Sports will be available beginning **Tuesday, Feb 16**.

Boy's Tennis Tryouts - February 17-19, 3:00-5:00 pm

To tryout, bring water, towel, racket, and one can of tennis balls, along with your your blue card. (You are not allowed on the court without a blue card.)

Preseason Workouts -

- ★ **Softball** - Every Wed & Thurs, 3-4:30pm. Meet at the softball field with softball gear and running shoes. Contact Coach Bass with questions - gneebass@hotmail.com
- ★ **Girls Lacrosse** - Runs Jan 11 - Feb 18, every Mon & Thurs, 3:30-5:30pm. Tryouts begin Mon, Feb 22 at 3pm. Contact Coach Rector with questions - casey.rector@sduhsd.net or stop by room 822/ASB.

SENIOR SECTION

Mid-Year Report/Transcript beginning Feb 1 - Seniors can request mid-year/7th semester grades from their counselor, if required by their colleges. UCs and CSUs do *not* require mid-year grades unless they contact the student, specifically requesting them.

Common Application Schools - For colleges requiring a mid-year report, email your counselor and include your name, and the list of colleges that need a mid-year report. Your counselor will send it through Naviance.

Non-Common App Schools- If a non-common app school requires a mid-year report/transcript, please have your student:

1. Submit a transcript request at the Registrar's Office in the LCC Admin Bldg, and pick it up two days later. Address, stamp & mail the envelope/s to the colleges that are requesting it.
2. If a mid-year form needs to be filled out by the counselor, fill out your part (name, signature, etc.) and give it to your counselor along with a stamped, addressed envelope to the college/s you would like it mailed to.

Scholarships

Go to the Counseling Office or check Naviance for current updates and information. Deadlines are fast approaching. Please check out the following scholarships and apply :)

Ford Salute to Education	Coastal Community Foundation	Buick Achievers
Sunflower Scholarship Fund	Calif Retired Teachers Assoc	MAEGA (for Latinos)
Cabrillo Civic Clubs of Calif (for Portuguese)	San Diego County Citizens Scholarship Foundation	Beverly Yip Scholarship (Asian, Pacific Islander)
Executive Women International	Polster Scholarship	HACER (for Latinos)
Miss Teen Carlsbad Scholarship (not a beauty pageant)	Don Diego Scholarship Foundation (for seniors who participate in SD County Fair events)	

Attention Parents of Seniors!

All seniors must turn in a graduation order packet, even if you are requesting loaner items. Mrs. Sorensen has the forms.

IMPORTANT DEADLINES

See Mrs. Sorensen for tryout & order forms, and for more information. 760-436-6136 ext. 6005.

WHAT	BY WHEN	WHERE
Graduation Speeches	Feb 18	In writing, to Mrs. Sorensen
Grad Announcements, Caps, and Gowns	Feb 20	Order through Herf-Jones
Grad Oral Speech Tryouts (invite only)	March 3	Adm Conf Room
Grad Performance Intent Form (incl Nat'l Anthem)	March 4	In writing, to Mrs. Sorensen
Grad Performance Tryouts	March 9	Drama Room
Brag Banner in the Learning Commons (\$25)	April 1	www.mavlifeneews.com
Grad Loaner Cap & Gown	April 15	Order through Herf-Jones

VOLUNTEER OPPORTUNITIES

Study Buddies application deadline is Thurs, 2/11 - Volunteer one hour a week for 8 weeks and earn community service hours. Pick up an application in the counseling office or download at www.sandieguitoalliance.org Call 858.703.7277 or visit SDAlliance4@aol.com for more info.

Oak Crest Reading & Math Interventions - late Mar-May, 3:10-3:40. michelle.challishall@sduhsd.net

COMMUNITY

Maverick Mile - Sat, Feb 27, 8am-11am

What's Your Mile time?

No running distance has the history or the "magic" of the Mile. Come test your speed and help support the Maverick Athletic Boosters, Cross Country, and Track & Field teams.



Start times:

- 8:00 - Men 18+
- 8:15 - Women 18+
- 8:30 - HS Boys & Girls
- 8:45 - HS Team Fun Run (costumes encouraged!)
- 9:05 - MS Boys & Girls (6th, 7th & 8th grades)
- 9:25 - K~5th Boys & Girls
- 10:00 - Open Mile on Track (Men & Women 18+)

Entry Fees:

- \$10 - Students
- \$30 - Adults 18+
- \$20 - LCC Alumni & Parents (*new this year!*)
- \$40 - Race Day Adult 18+ entry
- Free - Kids 5 and under

Click [here](#) for more information and to register.

Campus Tours - For the full schedule, see [Campus Tour Info](#)

Hoverboard Policy - As stated in the student handbook/discipline policy, skateboarding, including hoverboards, on school grounds is prohibited to ensure the safety of all pedestrians. Therefore, students may not bring hoverboards onto campus.

High School Selection Information:

Selection Window Opened	Monday, February 1, 2016 (8:00 AM)
LCC Info Night	Wednesday, February 10, 2016
SDA Info Night	Wednesday, February 3, 2016
CCA Info Night	Thursday, January 14, 2016
TP Info Night	Wednesday, February 24, 2016
Selection Window Closes	Monday, February 29, 2016 (4:00 PM)
Lottery (If Necessary)	Thursday, March 10, 2016
Enrollment For Students	Begins Monday, April 11, 2016

KUDOS

Congratulations to those student athletes that represented LCC at the February National Signing Day event at the Hall of Champions in Balboa Park.

- Austin McClure - Football - Dixie State
- Brandon Butler - Soccer - SDSU
- Capri Goldsmith - Soccer - Dixie State
- Carson Sutherland - Football - Idaho State
- Colie Martin - Soccer - Biola
- Courtney Van Winkle - Soccer - UC Davis
- Hayley Mayne - Soccer - UCI
- Jake Ceaser - Football - University of Wisconsin
- Jake Koeknke - Football - Air Force Academy
- Kallie Kamphl - Soccer - Loyola Marymount University
- Kelsey Aaknes - Soccer - Colorado Boulder
- Lindsey Maryon - Softball - Kansas Wesleyan
- Sydni McStravick - Soccer & Track & Field - Illinois Wesleyan



MAV Spotlight

MAV OF THE WEEK: Matthew Szymanowski



Senior Matthew Szymanowski is a hard working, dedicated student, earning him a nod for this week's Mav of the Week. This honor, given to students by anonymous teachers, is reserved for those Mavs who embody the Maverick spirit. Szymanowski shows not only his hard work in the classroom, but tender heart out of the classroom as well. Thank you, Matthew, for being a light in the lives that you touch. - See more at: <http://mavlifeneews.com>

ENEWS CONTRIBUTIONS

Contact Sara Nuschy-Smith, sara.smith@sduhsd.net with information you would like to see in the eNews. The deadline is Thurs @ 2:30 for the following week's publication. Your contribution should be related to the LCC school and community in order to be approved, and must include your name, phone number, email address, and web address if you have one. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.

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