



FOUNDATION NEWS

February 2, 2016

[LCCHS Foundation website](#)



★ Calendar Notes ★

Feb 1~Feb 15, Catalyst **Home Tutoring Discount** Offer.

Wed, Feb 10, Dance Mavs + Girls Basketball **Restaurant Fundraiser** @ Chipotle La Costa Town Square, 4~8pm

Wed, Feb 17, **Speaker Series: Raising Resilient Teens in our World** by Dr. Divya Kakaiya, LCC Theater, 6:30~8pm

Sat~Sun, Feb 20~21, Catalyst **SAT 2-day Bootcamp**, LCC Rm. 1306, 9~1pm

Sat~Sun, Mar 19~20, Catalyst **ACT 2-day Bootcamp**, LCC Rm. 1306, 9~1pm

Mon~Fri, **School Directory pick-up** and/or **Spirit Wear Sales**, Foundation Office, 9am~3pm

★ Just \$25 from Every Family would Fully Fund LCC's Academic Needs ★

★ **Two-Minute Appeal for Your Student at LCC** ★
Help Us Reach Our Goal, So Our Kids Reap the Rewards

Wait, one second! Well, not one second, but two minutes. That's all I ask. Before you toss this email aside, I just want to ask you to take two minutes to read about how you can help make the 2nd Semester an excellent one for your LCC student.

We are halfway through another terrific school year and I thought this would be a perfect time to give a few quick updates and to talk about some exciting things going on at LCC.

If you are not familiar with the LCC Foundation, let me give you the super short Cliffs Notes version: we raise money to help fund important areas of need that the District does not currently fund for LCC. That is basically what we do. We are like the PTA at your elementary school...on steroids. Here is how it works: we raise money through generous donations and fundraising events. Then, we go to our Principal, Department Heads, and Teachers and ask what their needs are for the upcoming school year. They "apply" for a grant from the Foundation to help them fund whatever it is they need in their classroom. We have a Grants committee made up of parent volunteers which works with Principal Marcus to determine which "grants" will be awarded to the teachers based on biggest areas of need. We prioritize needs that touch ALL students at LCC and that are non-consumables (the District can cover Kleenexes).

This year, we received \$90,000 in grant applications from our teachers at LCC. This isn't chump change. These are real needs that our classrooms have. Based on your generous donations and the fundraising work of some amazing volunteers, the Foundation has been able to fund a little more than \$40,000 worth of those needs so far this year. This money has been used to pay for computers, printers, software, equipment, subscriptions, specialists, and much, much more. This money was also used to fund our After School Enrichment (Tutoring) program that so many of our students have been able to take advantage of, as well as the upcoming Guest Speaker Series that will bring in speakers for special assemblies. This is great news in the sense that \$40,000 is a lot of money. But, as you can see, it means there is still significant work to do.

Now, you may be reading this thinking, "I have given hundreds of dollars to the Foundation this year for my child to play sports! Doesn't that count?" Yes, absolutely. That is very real money out of your pocket. It matters (to your checkbook for sure). The catch is, that money goes directly to the individual sports team to help fund it (uniforms, coaches, etc), and none of it goes to the classrooms or teachers.

So, how can we help make this 2nd semester an excellent one? We can continue to support our teachers and classrooms by funding the areas they deem crucial. We are halfway to funding their needs, and our school year is only half way over. We need your help. There are many of you out there reading this that have never understood what the Foundation does and therefore never supported us financially. I hope this update helps you understand a little bit about what we do. We have almost 2,000 families at LCC. That means that if every family donated \$25 we could fully fund every area of need and finish this year out in an excellent way. Obviously, not everyone can or will do that. So, we need some of you to step up even more (even those who have already been so generous). Anything to help us reach our goal of completely funding the classroom needs!

Well, my two minutes are up. Thank you for taking the time to read about what the Foundation has been doing and ways you can make an impact for your student to have an excellent 2nd semester at LCC. I hope that you will now take *your* two minutes, and follow this link to make a donation to the Foundation today.

[LA COSTA CANYON HS FOUNDATION](#)

If you would like to hear more about what the Foundation is doing and how you can be involved, please visit me in the office, or call me (760.436.6136 ext 6021) or visit The [LCC Foundation Website](#)

Many thanks for your support,

Dale Jagers

Executive Director, LCC Foundation

★ ACADEMICS ★ ARTS ★ ACADEMICS ★ ARTS ★ ACADEMICS ★ ARTS ★ ACAD

★ For All Your Solar Needs, Milholland Gives Back to LCC ★



The LCC Foundation is proud to partner with LCC alumnus Harry Berman ('04) and Milholland Electric to help support the students of LCC. For every system installed (when mentioning "LCC"), Milholland Electric will donate \$1,000 to the LCC Foundation, which helps to expand learning opportunities in the classroom. Please contact Harry for all your Solar needs.

harry@milhollandelectric.com
1-858-722-6170

★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★ ATHLETICS ★

★ Dance Mavs & Girls Basketball ★
★ Restaurant Night @ Chipotle ★



La Costa Town Square
3416 Via Mercato,
Carlsbad

The Dance Mavs and Girls Basketball teams are partnering up with Chipotle at La Costa Town Square for a restaurant fundraiser on **Wednesday, February 10th from 4pm-8pm**. Just let the cashier know you are there to support the LCC fundraiser, and **25% of all proceeds will go back to the Dance Mavs & Girls Basketball teams.**

Funds raised will go toward new dance choreography & costumes for Dance Mavs, and new uniforms for Girls Basketball. Support our lovely athletic ladies, and let Chipotle do the cooking next Wednesday night.



A Culinary Monster-Piece

**SCHOOL SPIRIT
TASTES GREAT**



★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★ ACADEMICS ★

★ SAT and ACT Home Tutoring Discount ★
LCC Foundation partnership with

CATALYST

The *spark* to an extraordinary score

LCC will receive \$100 for every student that signs up for home tutoring during this promotional period.

This Valentine's Day, get a leg up on the SAT & ACT with Catalyst's in-home prep specials!



Save Feb. 1st – Feb. 15th

Don't let those jewelry and chocolate ads fool you. There's no better way to say "I love you" to your spouse than to sign your son or daughter up for expert in-home SAT or ACT prep at a discounted rate! *Now* is the time to start prepping for this spring's SAT and ACT exams.

\$100 Off	SAT OR ACT PREP WITH A FRIEND
	12 90-MINUTE SESSIONS
	2 STUDENTS WITH 1 TUTOR
\$200 Off	SAT OR ACT INDIVIDUAL PREPARATION
	12 90-MINUTE SESSIONS
	1-ON-1 TUTORING
\$500 Off	SAT & ACT COMBO PREPARATION
	24 90-MINUTE SESSIONS
	1-ON-1 TUTORING

To take advantage of our Valentine's Day special savings, call **800.235.0056** or email info@CatalystPrep.com. Mention promo code *BetterThanChocolates* and we'll create a personalized gameplan for your student's success *today*.

★ **SAT and ACT Bootcamps** ★
Sponsored by the LCC Foundation!

CATALYST
The *spark* to an extraordinary score



Other SAT & ACT Prep Classes

CATALYST SAT & ACT Bootcamps

The SAT and ACT are boring exams, but learning to ace them doesn't have to be. At Catalyst, we take the actual SAT and ACT every time they're given, and we pass our expertise to students with patience, understanding, and a welcome sprinkling of humor and creativity.

Catalyst's two-day **New SAT** and **ACT Bootcamps** arm students with go-to strategies for every question they'll face on the day of the test so they can march into the test with confidence, momentum, and every key strategy fresh in their mind.

New SAT/PSAT

Saturday, February 20th
9am-1pm

Sunday, February 21st
9am-1pm

Same Old ACT

Saturday, March 19th
9am-1pm

Sunday, March 20th
9am-1pm

Location: La Costa Canyon High School

Tuition is just \$175 per Bootcamp. To enroll, visit www.CatalystPrep.com and click on the Bootcamp Sign-Up tab on the website's menu bar or call us at **800.235.0056**.

Sponsored By The LCC Foundation!

CATALYST

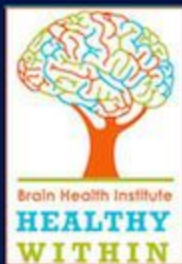
Private Tutoring / Weekend Bootcamps / Small In-Home Classes
800.235.0056 / www.CatalystPrep.com

★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDAT

The LCC Foundation Speaker Series Presents



Dr. Divya Kakaiya,
Ph.D., M.S.
(Psychopharm), CEDS,
PSY: #14052
Clinical Psychologist,
Neuroscientist
Neurofeedback
Practitioner
PROUD mother of 2!



For more information please visit
healthywithin.com
Phone 858.622.0221
Email DivyaKakaiya@gmail.com

Raising Resilient Teens in our World

Join the interactive discussions led by Dr. Kakaiya on the subjects of:

- digital divide
- impact of social media on the teen brain
- body image
- attachment parenting
- self-esteem
- drug use
- parenting skills and strategies
- how to raise a sustainable digital family!

Dr. Kakaiya is a community leader and has received numerous awards for her community service over the years, including: KGTV 10 News Leadership Award, KPBS Local Hero Award, Top 10 Cool Women of San Diego awarded by Girl Scouts Council, and many more. We are so fortunate to have Dr. Kakaiya come speak. Please don't miss this great event.

Wednesday, February 17
6:30-8:00 pm

La Costa Canyon High School

David H. Thompson
Performing Arts Center

★ SCHOOL DIRECTORY ★ SCHOOL DIRECTORY ★ SCHOOL DIRECTORY ★

★ School Directories @ the Foundation Office ★



☎ Friendly Reminder ☎

For all who ordered school directories, please be sure to come by the Foundation Office to pick up your copy anytime between 9am~3pm, Mon - Fri.

Thank you for supporting your student with this handy-dandy fundraiser.

★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEA

★ Spirit Wear Sales @ the Foundation Office ★

Come by the Foundation office anytime between 9am-3pm, Mon - Fri, to browse and purchase Spirit Wear! Cash, check, or credit. All welcome!

♥♥ Come on Mavs ~ Wear Your Pride!! ♥♥



★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI ★ ALUMNI

★ LCCHS Alumni Association ★



The La Costa Canyon High School Alumni Association was formed in June 2015.

If you are a former LCC grad, or know LCC grads, please 'Like' our [Facebook page](#) and get the latest information about class reunions, networking opportunities, alumni in the news, and more. Please contact the [Foundation](#) if you'd like to be added to our Alumni Directory database, and/or be a Class Representative.

♥♥ Maverick Pride Runs Deep ♥♥

★ Foundation eNews Contributions / Feedback / Suggestions ★

Please contact [Martina Sullivan](#), if you'd like to share information with the LCC community, or promote an upcoming fundraising/booster event in the Foundation portion of the eNews. We also welcome questions, feedback, and suggestions on how to make the Foundation eNews cater better to you. The deadline for the following week's publication is Sunday @ midnight (eNews typically goes out on Tuesday afternoons). Any contribution should be related to the LCC school and community in order to be approved, and must include your name and best contact information. Please include a web link, if applicable, and a photo, image or logo, for visual interest, if available. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.

Volume #19

HOME OF THE MAVERICKS



LA COSTA CANYON eNews HIGH SCHOOL

February 2, 2016

Dear Mavericks,

Please reference the new [2016-2017 bell schedule](#) which includes some frequently asked questions. Over the next couple weeks we will be updating this link with additional bell schedule information. .

PSAT results from the October administration at LCC are now available through studentscores.collegeboard.org. For information about interpreting score reports, check out [this video](#). LCC offered the PSAT to students in grades 9-11 this year. **PSAT booklets and score reports (hard copy) will be handed out to students in class in mid-February.**

Beginning in February 2016, the San Dieguito Union High School District will be conducting its' **annual**

Upcoming Events

Mon - Sun 2/1 - 2/15	Catalyst SAT + ACT Home Tutoring Discount Offer (see Foundation)
Wed, 2/3	Band Concert , LCC Theatre, 7pm
Thurs, 2/4	Academic Team vs Pac Ridge , Learning Commons, 6:30-7:30pm ComedySportz , 7:30pm NHS event at Scripps Hospital, 6-8pm
Fri, 2/5	Spring Assembly , 9:55am
Sat, 2/6	Winter Formal , San Diego Hall of Champions, 8-11pm.

residency verifications for all continuing SDUHSD students and any new students enrolling for the 2016-17 school year. This process is a legal requirement in California, and it helps our district ensure that all available resources are spent efficiently and effectively to the benefit of SDUHSD families. Moreover, these additional steps will help provide a full and precise accounting of our student population as we review staffing for the coming year. Click [here](#) for more information. All continuing students in grades 7 through 11 must submit residency documentation by **April 1, 2016**. Please fill out one packet per family, and drop off directly at the district office, or to the receptionist office at the school's admin building.

Now is the time to start signing up for AP tests! May will be here before we know it. For all the information needed about signing up for tests, please check out: <http://www.sduhsdapexams.com/>. March 18th is the last day to sign up for tests without incurring a late sign-up fee!

All the Best,

Bryan Marcus
Principal

	Seven volunteers still needed (see <i>Volunteer</i> below)
Mon, 2/8	Art Week begins
Wed, 2/10	Dance Mavs + Girls Basketball Restaurant Night @ Chipotle La Costa Town Square, 4-8pm LCC Info Night , Meadow (by the Performing Arts Center), 5:30-7pm
Thurs, 2/11	NHS meeting , Learning Commons, lunch (see NHS)
Wed, 2/17	Foundation Speaker Series , Theater, 6:30-8pm
Sat - Sun, 2/20 - 2/21	Catalyst SAT Bootcamp , Rm 1306, 9-1pm

ACADEMICS **ARTS** **ATHLETICS**

THIS WEEK ON CAMPUS

Nutrition Services Menu - Interested in the choices your students have for lunch? Sign up now for the MONTHLY SCHOOL MENU and Nutrition Information: [School Menu](#)

Study Buddy Spring Program Applications - Available in the Counseling Office (see *Volunteer Opportunities* below)

Winter Formal Tickets - on sale now - [Everything You Need To Know & Required Dance Contract](#)

Home Games:

Wed, 2/3 - JV Boys Basketball vs Vista, 4:00
 Wed, 2/3 - V Girls Basketball vs Vista, 5:30
 Wed, 2/3 - JV & V Girls Soccer vs Vista, 3:30 & 5:15

Thurs, 2/4 - F/JV & V Wrestling vs Carlsbad, 5:30 & 7:00

Fri, 2/5 - JV Girls Basketball vs Sage Creek, 4:00
 Fri, 2/5 - JV Boys Basketball vs Sage Creek, 5:30
 Fri, 2/5 - F/JV & V Girls Soccer vs Vista, 3:30 & 5:15

Girls Water Polo Home Games, played at the Encinitas YMCA at 200 Saxony Road:

Wed, 2/3 -JV/V vs Mission Bay, JV 7:15 & 8:15
 Tues, 2/9 - JV/V vs San Ysidro, JV 7:15 & 8:15
 Wed, 2/10 - JV/V vs Canyon Crest, JV 7:15 & 8:15pm *Senior Night*

ACADEMICS

2016-17 Bell Schedule: [Next Year's Bell Schedule](#)

AP Exam Information:

AP Exam Registration - through **March 18**. Late Registration - **March 19 - March 31**.

Exam price \$110. Late registration will incur a penalty fee. Registration site with more information: [AP Exams](#)

Feb 5 - SAT registration deadline for March 5 test. [SAT Test Dates](#)

Mar 4 - ACT registration deadline for Apr 9 test. [ACT](#)

College Visits in the College and Career Center:

Juniors & Seniors - Go to the Counseling office to sign up and get a pass. Visit Naviance for the full schedule.

Academic Enrichment Tutoring in the Learning Commons

Certified teachers and student tutors.

Available to all students.

Mon - Math & Spanish, 2:45-4:15	Wed - Science, 2:45-4:15
Tues - All Subjects, 2:45-4:15 & 5:30-7pm	Thurs - Social Studies, 2:45-4:15

ARTS

Upcycle your Mav wear today! Drop your donations in the office box labeled *O'Neill 902*.

THEATRE - ComedySportz hosts Brethren Christian High School this Thursday, at 7:30, in the theater. This is a rematch of the two high schools. LCC competed at Brethren Christian earlier this year.

ATHLETICS

Tues, Feb 9 - Tryout Authorization Cards (Blue Cards) for boys golf, boys tennis, and boys & girls swimming and diving may be picked up. Blue cards for the remaining Spring Sports will be available beginning **Tuesday, Feb 16**.

Boy's Tennis Tryout Dates

February 17-19, 3:00-5:00 pm

Bring water, towel, racket, and 1 can of tennis balls each to try out, along with your your blue card.

(No blue card, you are not allowed on the court.)

Preseason Workouts -

- ★ **Softball** - Every Wed & Thurs, 3-4:30pm. Meet at the softball field with softball gear and running shoes. Contact Coach Bass with questions - gneebeass@hotmail.com
- ★ **Girls Lacrosse** - Runs Jan 11 - Feb 18, every Mon & Thurs, 3:30-5:30pm. Tryouts begin Mon, Feb 22 at 3pm. Contact Coach Rector with questions - casey.rector@sduhsd.net or stop by room 822/ASB.

SENIOR SECTION

Mid-Year Report/Transcript beginning Feb 1 - Seniors can request mid-year/7th semester grades from their counselor, if required by their colleges. UCs and CSUs do **not** require mid-year grades unless they contact the student, specifically requesting them.

Common Application Schools - For colleges requiring a mid-year report using the Common App, please email your counselor and include your name, and the list of colleges that need a mid-year report. Your counselor will send your Midyear reports/transcript through Naviance.

Non-Common App Schools- If a non-common app school requires a mid-year report/transcript, please have your student follow the instructions below:

1. Fill out the transcript request at the Registrar's Office in the LCC Admin Bldg. Turn it in to the Registrar's office and pick up your transcript two days later. Address and stamp the envelope/s and mail them to the colleges that are requesting it. If number 2 applies to you (below), then have the transcripts given to your counselor.
2. If there is a mid-year form that needs to be filled out by the counselor, fill out your part (name, etc. sometimes this includes your signature) and give it to your counselor along with a stamped, addressed envelope to the college/s you would like it mailed to.

Scholarships

Go to the Counseling Office or check Naviance for current updates and information.

Attention Parents of Seniors!

If you have not gotten the graduation order packet for caps, gowns, tassels, announcements, rings, and important deadline dates, ask your student to go to Mrs. Sorensen's office immediately to get one. *Note: You need to fill out the order form even if you're requesting a loaner cap, gown and tassel.*

IMPORTANT DEADLINES

See Mrs. Sorensen for tryout & order forms, and for more information. 760-436-6136 ext. 6005.

WHAT	BY WHEN	WHERE
Graduation Speeches	Feb 18	In writing, to Mrs. Sorensen
Grad Announcements, Caps, and Gowns	Feb 20	Order through Herf-Jones
Grad Oral Speech Tryouts (invite only)	March 3	Adm Conf Room
Grad Performance Intent Form (incl Nat'l Anthem)	March 4	In writing, to Mrs. Sorensen
Grad Performance Tryouts	March 9	Drama Room
Brag Banner in the Learning Commons (\$25)	April 1	www.mavlifeneews.com
Grad Loaner Cap & Gown	April 15	Order through Herf-Jones

VOLUNTEER OPPORTUNITIES

Winter Formal Volunteers Needed - Winter Formal 2016 is **Sat, Feb 6**. If you are available to volunteer from 7-9pm on the night of the event, please go to - [Sign Up to Volunteer](#). Seven volunteers are needed!

Study Buddies - *Do you need community service hours?* Tutor an elementary student for one hour a week for 8 weeks. Spring, 2016 applications are available now. They are due back by **Thurs, Feb 11**. Pick up in the counseling office or download at www.sandieguitoalliance.org Call 858.703.7277 or visit SDAlliance4@aol.com for more info.

Oak Crest Reading & Math Interventions - late Jan-Mar & late Mar-May, 3:10-3:40. michelle.challishall@sduhsd.net

Student Tutors - All subjects, after-school, Learning Commons. See Mrs. Anderson in Room 512 on 2-4-6 days for info.

COMMUNITY

Campus Tours - For the full schedule, see [Campus Tour Info](#)

Hoverboard Policy - As stated in the student handbook/discipline policy, skateboarding, including hoverboards, on school grounds is prohibited to ensure the safety of all pedestrians. Therefore, students may not bring hoverboards onto campus. Thank you for your support and cooperation.

Reminder from SDUHSD Nutrition Services - Breakfast is offered at NO CHARGE before school each day! *If it is raining in the morning, the free breakfast that is typically served at the kiosk will be served from the lower food court.*

High School Selection Information:

Selection Window Opened	Monday, February 1, 2016 (8:00 AM)
LCC Info Night	Wednesday, February 10, 2016
SDA Info Night	Wednesday, February 3, 2016
CCA Info Night	Thursday, January 14, 2016
TP Info Night	Wednesday, February 24, 2016
Selection Window Closes	Monday, February 29, 2016 (4:00 PM)
Lottery (If Necessary)	Thursday, March 10, 2016
Enrollment For Students	Begins Monday, April 11, 2016

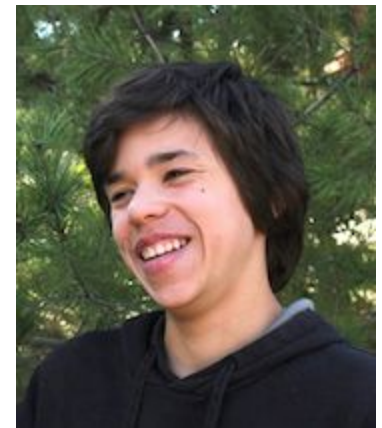
KUDOS

Congrats to Senior Baseball Standout Mickey Moniak on his selection to the 2016 Max-Preps Pre-Season All-American Baseball Team [Max Preps!](#)

MAV Spotlight

MAV OF THE WEEK: Matthew Duncanson

Matthew Duncanson is a sophomore at La Costa Canyon. He is not only a dedicated learner, but also a fast learner. He was recommended by his teacher for reading the most pages over summer. He keeps a positive attitude and that is what makes him such an inspiration to those he surrounds. Well done, Matthew! Keep on showing everyone what it is like to be a Maverick. - See more at: <http://mavlifeneews.com>



ENEWS CONTRIBUTIONS

Contact Sara Nuschy-Smith, sara.smith@sduhsd.net with information you would like to see in the eNews. The deadline is Thurs @ 2:30 for the following week's publication. Your contribution should be related to the LCC school and community in order to be approved, and must include your name, phone number, email address, and web address if you have one. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.

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